



Our Mission

Many young people in Bangladesh are migrating to different cities of home and abroad to pursue further education or in pursuit of their careers, leaving behind old parents at home. The number of such families where all the children have left and the old parents staying at home is increasing day by day. This phenomenon is called "the empty nests".

The situation of the old parents staying alone at home becomes more vulnerable if they face health problems and children have financial concerns. Therefore with a broader goal towards community development, with multifarious objectives of providing health care to the community, rehabilitating the elderly, creating job opportunities and enhancing skill development of youths the construction of the Shebashram was started in 2009. With generous support from family, friends and the community, construction was completed in the year 2012 and started its activities in 2015 with a Free medical Camp. Currently it has two one storied buildings and one two storied Earthen house, with a capacity to accommodate 40 elderly people. It aims to provide the best possible care and comfort to the senior citizens and support the community.



A pleasant alternative living environment for your retirement years, it offers the advantages of village living in close proximity of a metropolitan city. At the Shebashram you will find privacy, security and companionship. Established in 2011 by a philanthropist Dr Md Shajahan Kabir, the Shebashram is a non-profit organization under the auspices of a board of trustees. The Shebashram relies heavily on the charitable donations of the community, trustees and other organisations.

Getting There

You can reach the Shebashram by car or by bus. There are frequent buses from Dhaka to Kishorganj via Kapashia. You need to get off at Toke Bazaar, which is about three kilometers from the Shebashram. However, A polite request to the bus driver to drop you at the "Ashram" would lead you to the Shebashram doorstep. Alternatively A total of 2.5 hours drive by car along Dhaka Mymensingh highway followed by Rajendrapur-Kapashia highway is indeed a pleasant journey through the greenery of Bhawal forest.

Contact Information

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Abdul Ali Shebashram

An abode of elderly citizen



Who we are

Abdul Ali Shebashram, a non-denominational non-profit community organization is open to all. Situated on a tree shaded five Bigha land in the heart of a village in Ghazipur, yet at close proximity to Dhaka city. The gate of the Ashram is open to all the elderly people in need. It is also open to ones who want to escape the chaotic urban environment only to spend the retirement days in a peaceful place in the midst of a village.

Currently it is implementing three projects in its premises- Old age Home, Free computer and English learning centre and Community Physiotherapy and outpatient medical centre. In addition it is in the process of opening an orphanage with an understanding that both the children and elderly will nurture love and affection towards each other.



Old-age Home -where independent living meets personalized care

Senior citizens irrespective of their social, cultural or religious background, both male and female aged above 50 are admitted as residents of the Old-age Home on short and long term basis.

Facilities:

- Equipped with 20 private and semi-private furnished rooms on a single floor and qualified care takers it is open to all old men and women reasonably in good health.
- 24/7 supervision and medication assistance
- three meals and two snacks
- Free internet, library and indoor gaming facilities
- Transportation assistance to nearby /specialized medical centres
- Equipped physiotherapy centre free to all boarders.
- Relatives can visit anytime. There is provision of guest's stay , maximum of 3 days per month with an elderly parent.
- Destitute elderly stays free of cost.

Free Computer and English learning Centre – helping youths to build life skills

- Providing opportunity to educated youths to learn basic computer applications free of cost.
- This program is thoughtfully designed to target youths who need it most. Besides one to one computing enhances the learning experiences of students.
- This four months long training program aims at training 110 students every year in three batches. Both male & female students from colleges, universities, Madrassa and unemployed educated youths are receiving training.

Community Physiotherapy and outpatient Medical centre- providing quality service to the community at an affordable price

- Community Physiotherapy primarily supports adults living in the community with a range of conditions/care needs including strains, sprains, osteoarthritis, fractures, neck/back and other joint problems, mild strokes and neurological conditions
- The physiotherapy service is free for the boarders

